

## Amanda Roy



When COVID-19 spread to our area, Amanda Roy, an Operating Room anesthesiologist, wanted to help out. So for the first time in about 15 years, she deployed to the Intensive Care Unit as an intensivist managing patients at two hospitals. She was first at Mountainside Medical Center in Montclair and then at Monmouth Medical Center, Lakewood campus. "I'm so glad I did it," she said.

Many of her patients at the Lakewood hospital were members of the large Orthodox Jewish community there. "It was very exciting to see patients get better," Amanda said. Members of the Jewish community were very appreciative, she said.

The ICU experience handling COVID-19 patients changed her sense of medicine, Amanda said. "It made me more empathetic," she said. "It will stay with me and make me a better doctor."

She is returning to her work in the Operating Room as a regional traveling anesthesiologist. The ICU brought 12-hour shifts, sometimes several days in a row. She will now have more time with her husband and two children in Marlboro.